



Connecting a World of  
Pharmaceutical Knowledge

## New Jersey Chapter

ISPE Affiliates and Chapters Around The World

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Winter 2013

# PHARMA BULLETIN

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## New Jersey Chapter Statement of Value

New Jersey ISPE is an organization of, and for, professionals in the ever changing Life Sciences Community. As such, we strive to provide value to our various constituencies – owners, consultants, designers, contractors, vendors, students and the un- and under-employed – in a number of critical areas:

- Wide range of multi-level **Education and Training** whether you are a newly graduated student or a multi-decade veteran, to enable you to be more successful at your current or yet-achieved "ideal" responsibilities within the Life Sciences community;
- Sharing of **Industry Trends** to enable you to provide greater value to your employer, colleagues and the Life Sciences community in general, as we all strive to succeed in a "do more with less" environment;
- Providing a forum in which you can **share** your expertise, experiences, innovations and thoughts/dreams with your colleagues via seminars, articles, roundtables, task forces and so on, where you can positively contribute to the future of the Life Sciences community;
- Encouraging "work hard, play hard" opportunities where **socialization and networking** provide forums to informally expand your professional and personal network, resulting in friendships that last for decade.

## Upcoming Events

March 20, 2014

Rutgers University, New Brunswick

Professional Development Day

Dual Track – Program Serialization Implementation and Biotech Manufacturing Baseline

Guide Update

April 22, 2014

Bristol-Myers Squibb, Plainsboro

Dual Event: Industry Presentation & Student Poster Competition

May 20, 2014

Neshanic Valley Golf Course,

Neshanic Station

Golf Outing

## The President's Message



I can't believe that six months have passed since I became President of the ISPE NJ Chapter. Although I have volunteered for many years, being President has afforded me some new opportunities and challenges that I have not had before. Since our last newsletter, we have participated in many exciting events. Some have been on a board level and others have been for our entire membership.

In October 2013, the Japanese Affiliate visited the United States. Prior to the Annual Meeting in Washington, DC, they visited NJ for a plant tour at Genzyme, located in Ridgefield. At this time, they met the NJ Board for dinner. It was a great experience for us to learn more about one of our international counterparts and for them to learn about a local United States chapter.

Following this dinner, many of our members headed to Washington DC for the Annual Meeting from November 3-6, 2013. The NJ Board coordinated a social event at the Old Ebbitt Grill in Washington DC the first night of the meeting. We invited four students to the Annual Meeting who were the top performers at the NJ ISPE Poster Competition held in April 2013. During our social, we got a lot of time to interact with the students and vice versa. It was a great night out in our nation's capital. Between the numerous educational events, outstanding social events and tremendous networking opportunities, the Annual Meeting was a huge success.

To end 2013, we held our annual holiday party at the Nassau Inn in Princeton on December 12, 2013. The location and atmosphere were fantastic. We had many members attend for the first time. I received numerous requests from members to join committees and participate in volunteering opportunities at the local chapter level. We had many sponsors for our open bar and dessert station as well as gift sponsors to support our holiday gift exchange. The "Sound Bar" was by far the biggest hit of the night.

Through our 50/50 raffle, we were able to raise and donate over \$300 to the Move For Hunger charity. A great night was had by all and it was a great way to start the holiday season.

To begin 2014, we held our first educational session, "Capital Cost Benchmarking" at Pfizer in Peapack, NJ on January 16. With over 75 attendees, this program was a great start to our new year. I would like to thank Pfizer for hosting this event for the ISPE NJ Chapter. More on this event will be featured in our next newsletter.

I look forward to another exciting six months. We have another educational event at Rutgers on March 20, 2014, the Student Poster Competition on April 22, 2014 at BMS and our annual golf outing at the Neshanic Station Golf course on May 20, 2014. We have a dedicated team of volunteers and we are here to serve you, our membership. I hope to see and meet as many of you as I can in the upcoming months. Please join me in supporting the continued success of our Chapter.

Nandita Kamdar  
President, ISPE NJ Chapter

## Chapter Sponsors, 2013

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## Our New Chapter Manager Amie Wengryn



Amie Wengryn, who started last August, is our new Chapter Manager who started this past August. She is very excited to be working with a great group of people. She is also the owner of Wengryn & Sons Construction, a paving contractor, located in Branchburg, NJ.

## Past Events

### Dinner with the Japan Affiliate

On October 29, 2013, the Japan affiliate scheduled a stop in NJ on their way to the ISPE Annual Meeting in Washington, DC. Members of the ISPE NJ Board enjoyed an informal mixer and dinner with 20 visiting members of the Japan Affiliate, at Iberia Restaurant in Newark over Portuguese food and Sangria. Both the Chapter and Affiliate presented and exchanged presentations of their respective chapters, highlighting key membership facts, challenges and programs.

Tony Crincoli presented on behalf of the NJ Chapter, focusing on the history, mission, committees and events, highlighting chapter efforts on student programs and education.

Shigeru Nakamura, Vice Chair of the Japan Affiliate, presented an interesting overview of the Japanese ISPE membership, with their strong focus on education, COP's and translation of ISPE guides/standards. The Japan affiliate was started in 2006 has a membership of just under 900 strong. It was a great night of great food, networking, exchange of ideas and best practices.



(L to R): Gordon Leichter/Belimed, Nancy Tomoney/WestWard, Tony Crincoli/BMS, Shigeru Nakamura/VC Japan Affiliate, Michael Lucey/JGC, Nandita Kamdar/J&J, Tunde Babalola/BMS

## Annual Meeting

The Annual Meeting was held in Washington DC on November 3-6. The NJ Board coordinated a social event at the Old Ebbitt Grill in Washington DC on November 3. We invited four students to the Annual Meeting who were the top performers at the NJ ISPE Poster Competition held in April 2013. During our social, we got a lot of time to interact with the students and vice versa. In addition, J&J won the Company of the Year award.



Dinner at the Bombay Club



Tuesday Night Party at the Newseum



Student Poster Competition Featuring Marco Armenante, Brendon Lowe, Shiran Zhavian, Afolawemi Afolabi

# Holiday Party

Our Holiday Party was held on December 12 at the Nassau Inn in Princeton, NJ. There were 76 people who attended. We donated non perishable food items and \$308 dollars to Move for Hunger. Companies that sponsored the event included: M+H Group, Sweetwater Construction Corp, Turner Construction, ProPharma Group, CAI, Qumas, Nora Systems, Hydro Service and Supply, HDR Architects and Engineers, CRB, AES Clean Technology, and Evolution Scientific.



Amie Wengryn – Chapter Manager



David Kristjanson – Gift Exchange



David Kristjanson, Harry Segner, Shilan Motamedvaziri (Shilan wins 50/50 Raffle at the Event)



David Kristjanson (Programs Committee Chair), Nandita Kamdar (President), Harry Segner (Treasurer)



Members enjoying the Holiday Party Dinner

## Carreer Doctor Don Answers Your Questions

**Question:** I am at the crossroads! Please help! After spending almost 20 years as an industrial chemist, I am burned out. I don't know if I should just change companies or I should start a new career.

Tracy K. (PA)

**Answer:** Dear Tracy:

### It is not a new problem

This is a million-dollar question: Where should I go with my professional life? It has been asked many times in my counseling and coaching practice over the past three decades, especially by people between the ages of 29 and 49. I will try to give you some insights and a plan of approach.

### An encouraging note

Most of us are cut out to succeed in more than one career. Many young people may even have two or three careers in a lifetime.

Your hobbies and volunteer work provides some clues about a new profession you would enjoy.

### An approach

You can gain a great deal by reading books and possibly taking on-line tests. I would recommend reading the chapter on *How to Find Your Mission in Life*, from the book *What Color Is Your Parachute?* by Richard Nelson Bolles. However, for maximum effectiveness, seeking the services of a competent career counselor or career coach is a wise move.

The process of career assessment or finding the right career fit can take 6-8 hours. The counselor may give you a number of homework assignments which help him ferret out activities, competencies and careers which you like, and in which you have the highest probabilities of success.

The three career assessment instruments (tests) I have found most useful are Self-Directed Search (SDS), Myers-Briggs Type Indicator (MBTI), and Birkman. Using the triangulation method, a system of checks and balances between the three tests, several common careers are suggested. In my judgment, the skill of the career counselor or career coach in interpreting these results is very important.

Through personal interviews and discussions with you a counselor is able to suggest a number of potentially new professions for you. You do not have to quit your day job. You may be able to slowly transition into a new profession by taking evening and weekend courses which can start you off with a certificate or diploma in a new field.

You may even be able to shadow some professional in your proposed new field. Immersing yourself in evening meetings and conventions in the field you wish to leap into also provides quick and useful learning. Don't forget that you are also simultaneously developing a great professional network!

Tracy, I think you will find these tips very useful. Call me if you wish to chat. There is no charge or obligation for a complimentary 30-minute face-to-face meeting or telephone consultation.



*Don Sutaria is Founder and President of CareerQuest, located in New Jersey and New York. Don earned his MS degree in Management from Kansas State University, an IE (Professional) degree in International Management and Personnel Relations from Columbia University, and obtained New York University's postgraduate Certificate in Adult Career Planning and Development. A popular speaker and author, his latest book is titled, *Career and Life Counseling From the Heart (Your Career is a Pathway to Your Soul!)*. He is also one of the founding members of ISPE and presently an Honorary Life Member.*

*Special note: Please send your career-related questions to [don@careerquestcentral.com](mailto:don@careerquestcentral.com) and also visit our website at [www.careerquestcentral.com](http://www.careerquestcentral.com). Questions will be selected based on their contemporary nature and general interest. We regret we will not be able to send individual replies as in the past, because of the large volume of domestic and international e-mails. Your patience and understanding are appreciated.*

## ISPE NJ New Members: 4th Quarter 2013

Welcome all 59 of our new members!

Nicolas Alexander, Boehringer-Ingelheim  
William H. Andermann, Sartorius-Stedim Biotech  
Sadia Ashraf, Perrigo  
Francis Belanger, Johnson & Johnson  
David Belisky  
Alok Bhatt, Bristol-Myers Squibb  
Scot Bini, URS Corporation  
John Bullock, Viropharma  
Lyle Canida, FDA  
Yeyang Chen, Stevens Institute of Technology  
Peishan Chen, Kingsborough Community College  
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Daniel Duncan, Johnson & Johnson  
Jacqueline Elbonne, Merck  
Christopher G. Foehner  
Michael Gallardo, G&W Laboratories  
Jaime Garay, Novartis Consumer Health  
Jack Goldenberg, Chartwell Pharma  
Thomas J. Hardin, Therakos, Inc.  
Yvonne Iwanski, Johnson & Johnson  
Brendan M. Jablonski, Rensselaer Polytechnic Institute  
Sharon Johnson, Catalent Pharma Solutions  
Marissa Kaplan, Manhattan College  
Anastasio Kroustalis, Kingsborough Community College  
David J. Kudla, Unither Manufacturing LLC  
Jyotsna Lakshmi Kumar, Drexel University  
Welf Ludwig, Werum Software & Systems America Inc.

Joe Magrane, Estee Lauder  
Bryan C. Mann, Bristol-Myers Squibb  
Dimitrios Matrakas, Akorn, Inc  
William MestrAndrea, Pfizer Inc.  
Brian Misher, Citation Clinical Labeling Systems  
Diane Miskowski, EMSL Analytical, Inc.  
Kamyar Noori, Boston College  
Chiragbhai M. Patel, SUN Pharmaceutical Ind. Inc.  
Edie Perez, ImClone Systems  
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Andrea A. Presuto, Johnson & Johnson  
Jacob Russal, AVS  
Anil Sawant, Johnson & Johnson  
Anthony J. Schumaci, Regeneron Pharmaceuticals  
Victoria Scott, Hemispherx Biopharma, Inc  
Robert M. Scott, Exergy, LLC  
Shreyans Shah, Etq Management Consultants Inc.  
Matin Shaikh, Deloitte  
Luis Silvestre, PS&S  
Umang Soni, Novartis Consumer Health  
Michael Spangler, Spangler Consulting LLC  
Jean Stanton, Johnson and Johnson  
Oliver Stauffer, Packaging Tech & Inspection LLC  
Ghislain Tchantchou, NJ Institute of Technology  
Girolamo S. Torrente, Johnson & Johnson  
David Unger, Johnson Controls  
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Alec Vogel, Rensselaer Polytechnic Institute  
Yee Yang, Merck



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**REPRESENTATIVES-AT-LARGE**

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Frank DeMarinis		(914) 943-6875	Frank.DeMarinis@Pharma.com
Amie Wengryn	Chapter Manager		manager@ispenj.org

## 2013/2014 Chapter Committees

Nominating and Bylaws	Programs	Community of Practice (COP)
Communications	Student Affairs	Executive Advisory Council (EAC)
Community Activities	Technology	Past Presidents
Professional Development and Certification	Membership and Marketing	Young Professionals

New membership and volunteer inquiries for any of our committees should be directed to Amie Wengryn, 908-625-2035, [manager@ispenj.org](mailto:manager@ispenj.org).